

The Jewish Secret to Relationships:

1. **The Secret pg. 123:** When you want to attract a relationship, make sure your thoughts, words, actions, and surroundings don't contradict your desires.
2. **The Secret pg. 119:** Unless you fill yourself up first, you have nothing to give anybody. Therefore it is imperative that you tend to You first. Attend to your joy first. People are responsible for their own joy. When you tend to your joy and do what makes you feel good, you are a joy to be around and you are a shining example to every child and every person in your life. When you are feeling joy you don't even have to think about giving. It is a natural overflow.
3. **The Secret pg. 123:** Focus on the qualities you love about yourself and the law of attraction will show you more great things about you.
4. **Genesis 2;18:** G-d said, "It is *not good* that man be alone; I will make him a helper against him."
5. **Luzzatto, Path of the Just:** Truthfully, when you look further into the matter, you will see that only bonding [attaching oneself] with G-d constitutes true perfection [and happiness]. This is what King Said meant when he said, 'But as for me, the nearness to G-d is my good.
6. **Rashi, Genesis 2;18:** So that they should not say that there are two authorities, G-d, who is unique in the higher realms, and has no mate; and this one, man, is unique, in the lower realms, and he has no mate.
7. **Rashi, Ibid:** If he is worthy, she is a helper. If he is not worthy, she is against him to wage war [i.e. to oppose him]
8. **Jerusalem Talmud Bikurim 3:3:** A person who gets married, all his sins are forgiven.
9. **Mai Shiloach, Genesis 2;18:** Such is the will of G-d, that help and assistance grow from the things that are opposed to him.
10. **Genesis 24;16:** And Isaac brought her into the tent, Sarah his mother; he married Rivka, she became his wife, and he loved her...
11. **Talmud Avos 5;16:** Any love that depends on a specific cause, when that cause is gone, the love is gone; but if it does not depend on a specific cause, it will never cease.

Main Points:

Judaism is not a religion, but a way of life, which depends on developing good relationships

Point #1: G-d wants to give us the ultimate good – a relationship with Him

Point #2: We will not be attracted to him if we think we are perfect, but indeed are not perfect – we will not have enough in common to be attracted.

Point #3: Human relationships can teach us that we are human, and need to perfect our character.

Point #4: The long –term and constant relationship within marriage does not allow us to escape from our responsibility of reaching our potential.

Point #5: All the conflict in relationships/marriage are there to help us reach our potential and being attracted to G-d.

Point #6: The concessions we make in life are just the means to perfect ourselves.

Point #7: The primary reason to get married is to no longer be "alone" and have a relationship with G-d. Supplementary benefits will be having someone to love, company, etc.

Point #8: The Secret of "Chug"

Point #9: First comes marriage – then comes love.

Point #10: Love is a state of oneness in a relationship that emanates from giving to the other, and transcends superficial reasons

The Secret to relationships is to enter each one looking at other people as the tools for your internal growth through the challenges which they bring; thereby enabling you to attract G-d into your life.