

## The Step – by – Step Pesach Seder – Part 2:

### Rochtza – Wash the Hands:

1. Wash your hands like you normally would do for the eating of Matzo. You do recite the blessing of “Al Netilas Yodayim.”
2. The leader of the Seder should announce that one may not speak after washing the hands until after “Korech,” unless it concerns the Mitzvos.
3. He should inform everyone about the next few steps of the Seder, and tell them the relevant laws.
4. Each person should be given a piece of Matzo weighing at least 25 grams in preparation for the Mitzvah of eating Matzo. Children may be given 10 grams each.
5. The steps “Rochtza, Motzi, and Matzo” should be announced.
6. Some have the custom that the leader of the Seder has his hands washed at his seat by the table by one of the children.

### Motzi / Matzo – Two Blessings Are Recited on the Matzo:

1. **The Matzo eaten for the various Mitzvos of the Seder night must be Shmura Matzo.** It can either be hand made or machine made Matzo. It is preferable to use hand made matzos for the Seder plate.
2. The leader of the Seder should have in mind to include everyone else with his blessings.
3. Everyone else should have in mind to fulfill his obligation by listening to the blessings.
4. While the blessings are said, everyone should have in mind to fulfill the Mitzvah of eating Matzo on the first night of Pesach.
5. You should have in mind that the blessings should also apply to the Korech and Afikoman.
6. The men should remember to recline while eating the Matzo.
7. The Matzos should be covered while the blessing of “Hamotzei” is recited.
8. All three Matzos should be held for the first blessing, after which the lowest Matzo is released. The remaining two Matzos are held for the second blessing.
9. Ideally, the two Matzos should be broken simultaneously after the blessing.
10. The leader of the Seder should take for himself 15 grams from the top matzo and 15 grams from the middle one. Both pieces should be eaten together.
11. Everyone else should be given a small piece from the top matzo in addition to the prepared piece of 25 grams that was distributed before washing. Both pieces should be eaten together.
12. NOTE: An average hand Matzo is between 50-80 grams and a machine Matzo is 30 grams.
13. The main custom is not to dip the Matzo in salt.
14. The Matzo should be eaten as quickly as possible, but in no more than two minutes. If this is difficult, it may be eaten within four minutes. **This is measured from the time that one begins to swallow the Matzo.** One should nevertheless not eat in a state of frenzy or with voracity, but rather with dignity and joy as one fulfills the Mitzvah of Hashem.
15. One may drink a little water to facilitate swallowing if one’s mouth is too dry to swallow.
16. If a man forgot to recline while eating the Matzos, he must eat another 30 grams of Matzo while reclining, but no blessing is said.

### Maror – Eat the Bitter Herbs:

1. The widespread custom is to use either romaine or iceberg lettuce or grated horseradish. **Great care must be given to insure that all lettuce is insect - free.** Horseradish may not be eaten whole. Commercially processed horseradish is not acceptable.
2. One should eat a quantity of lettuce leaves that covers an area of 8” X 10” or lettuce stalks that covers an area 3” X 5”. If grated horseradish is used, one should eat 27 cc if possible. If this is difficult, it is sufficient to eat 17 cc [approx. one heaping tablespoon].
3. One may combine both types of Maror to make the required amount.
4. The Maror should be eaten as quickly as possible, but in no more than two minutes. If this is difficult, it may be eaten within four minutes. **This is measured from the time that one begins to swallow the Maror.**
5. Dip some of the Maror in the Charoses [a mixture of finely chopped fruits, spices, and red wine. Traditionally, the fruits are sour apples and nuts and the spices are cinnamon and ginger]. Before the dipping, the Charoses should be diluted considerably at this stage by adding more wine, making it suitable for dipping.
6. The custom is for each person to recite his own blessing of “Al Achilas Maror.”
7. When making the blessing one should think about fulfilling the Mitzvah of eating Maror and that the blessing should also apply to the Korech.
8. One does not recline when eating Maror.

**Korech – Eat the Sandwich of Matzo and Maror:**

1. The bottom Matzo is used for Korech. Since this is usually not sufficient for everyone, the leader of the Seder should distribute to each person a small piece from this Matzo and supplement it with other Matzo to make the required quantity.
2. Each person should have 15 grams of Matzo.
3. One eats the same amount of Maror for Korech as one eats for Maror.
4. The main custom is to dip the Maror in Charoses
5. The custom is to place the Maror between the two pieces of Matzo.
6. No blessing is recited before eating the sandwich, but a paragraph is said beginning with the words "Zeicher LeMikdash KiHillel."
7. The Korech should be eaten as quickly as possible, but in no more than two minutes. If this is difficult, it may be eaten within four minutes. **This is measured from the time that one begins to swallow the Maror.**
8. Men should recline when eating Korech.
9. If a man forgot to recline, he need not eat another Korech.

**Shulchan Orech – Eat the Yom Tov Meal:**

1. The custom is to begin the meal with eggs dipped in salt water. Some people eat the egg from the Seder plate.
2. Some have the custom to eat fish as well.
3. One must not eat poultry or meat that is prepared without any liquid. This includes roasted, barbequed, and broiled.
4. One may not eat poultry or meat that is roasted in a pot without any liquid. One may eat poultry or meat that is roasted in a pot with some liquid.
5. The shank bone should not be eaten.
6. One should not eat excessively. Overeating may cause drowsiness and one will not be able to conclude the Seder successfully. One must also remain with some appetite for the Afikoman at the end of the meal.
7. One must leave sufficient time after the meal to eat the Afikoman before Halachik midnight, which is 1:18 AM.
8. It is praiseworthy for a man to recline during the meal, but not a requirement.
9. According to some opinions, it is a Mitzvah to drink some wine during the meal in honor of Yom Tov.

**Tzafun – Eat the Afikoman:**

1. The last item of food to be eaten at the Seder meal is a piece of Matzo called the Afikoman.
2. We use the piece of the broken middle Matzo that was put aside at the beginning of the Seder. Since this is usually not sufficient for everyone, the leader of the Seder should distribute to each person a small piece from this Matzo and supplement it with other Matzo to make the required quantity.
3. If possible, each person should eat 30 grams. If it is difficult, one may eat 15 grams.
4. There is no blessing recited for eating the Afikoman, but one should have in mind that he is fulfilling the Mitzvah of eating the Afikoman.
5. A man should recline when eating the Afikoman.
6. If a man forgot to recline, he should eat another Afikoman if it is not too difficult. However, if he already washed his hands for "Mayim Acharonim" he should not eat another Afikoman.
7. An effort should be made to eat the Afikoman before Halachik midnight. **Which is at 1:22 A.M. for the year of 5770.** Nevertheless, if this time passed, the Afikoman should still be eaten.
8. If the Afikoman can not be found, other Shmura Matzo should be eaten instead.
9. One may not eat anything else after the Afikoman. One should drink water if he is thirsty after eating the Afikoman. After Birchas Hamazon one should preferably refrain from any other drinks, but in a case of great need one may drink tea, seltzer, apple juice, lemonade, or mildly flavored soda. Coffee should not be drunk. One should not smoke after the Afikoman as well

**Barech – Saying the Birchas Hamazon:**

1. The third cup of wine is poured before the Birchas Hamazon.
2. One should wash Mayim Acharonim before the Birchas Hamazon.
3. If there are three men present, the custom is for the head of the household to lead the "Zimun." If there is an important visitor, he may be given this honor.
4. If there is someone who led the Zimun, only he must hold the cup of wine during the Birchas Hamazon. If there is no leader, then everyone should hold the cup of wine.
5. Men should recline when drinking the cup of wine after the Birchas Hamazon. If he forgot, he need not drink another cup.
6. After drinking the third cup, the cups are refilled with wine. An extra cup, the cup of Eliyahu, I filled.
7. The custom is for the leader of the Seder to fill the cup of Eliyahu. It should be a large and especially beautiful cup.

8. The door is opened and "Shfoch Chamascha" is recited standing.
9. Many have the custom to leave the full cup of Eliyahu covered on the table overnight and use it for Kiddush on Yom Tov morning. Others pour it back into the bottle.

#### Hallel – Recite the Hallel:

1. Women are obligated to remain at the Seder for Hallel and the fourth cup of wine. Children aged five or six should be encouraged to do so if possible.
2. One should not recline during Hallel. Rather one should sit upright with awe and respect.
3. If there are three people present, including one's wife and children, the verses of "Hodo" and "Ana" should be said responsively, as is done in Shul. The leader of the Seder should recite these verses and the others should respond.
4. The fourth cup of wine is drunk at the conclusion of the Hallel.
5. Men should recline when drinking the fourth cup, and do not drink it again if they forgot to recline.
6. Effort should be made to drink 3 ounces of wine in order to recite the after blessing.
7. The after blessing is recited by everyone who drank 3 ounces. When making the blessing, one should have in mind that it also applies to all the other three cups of wine.

#### Nirtzah – The Seder is Accepted:

1. After the paragraph of "Chasal Siddur Pesach," the final part of the Haggadah comprises songs of praise to Hashem. Since these songs were added later, a person who is exhausted is not obligated to say them.
2. Some people have the custom to recite "Shir Hashirim" after the Seder.
3. **Tonight is the only night of the year where it is a Mitzvah to remain awake as long as possible after the Seder and study the laws of Pesach and continue relating the miracles of the Exodus.** [Shavuos is only a custom.] **It would be preferred to stay up all night and pray Shacharis at sunrise.** A person is exempt if he is overcome by sleep. Similarly, if he will not be able to pray Shacharis properly without a good night's sleep, he may go to bed.
4. Before going to sleep, the custom is to recite only the first paragraph of the bed time Shema and the blessing of "Hamapil

#### Second Seder:

There are differences at the second Seder:

- All preparations for the second night of Yom Tov may not begin before nightfall. **For 5770 that is at 8:24 PM.**
- One may be lenient and only eat 15 grams for the first eating of Matzo. Nevertheless, the leader of the Seder must eat 30 grams. A sick or elderly person may be lenient and eat 10 grams of Matzo.
- Some have the custom to not hurry and eat the Afikoman before Halachik midnight.
- One may have **any** non-intoxicating drinks after the Afikoman.
- One may retire to bed immediately after the Seder.